

## COMMUNITY NEWS

**VOLUNTEERS NEEDED:** Volunteers are needed to prepare and serve dinner to homeless families at Our Savior Lutheran Church. It is about a **two-hour commitment** for one evening during **the week of January 29**. If you can help and/or want details please call Pat Buckley, 303-778-8050.

**METRO CARERING SURPASSED ITS GOAL** of 300 King Soopers gift cards during the 2012 holidays. Many thanks to all at CHPC and 10:30 Community who contributed!

**MEMORIAL WALL:** The three councils of our Ecumenical Community have been working to complete a Memorial Wall installed on the north wall of the side entry to the church. The memorial is a metal "tree of life", to which brass "leaves" will be attached to honor deceased persons for their significant contribution to their community. We invite members of our joint communities to view the initial installation and to suggest deceased persons from their community whom they wish to honor. The councils of each congregation are responsible to approve requests and, upon approval, to provide information for the proposing member to purchase and engrave the memorial "leaf." The cost will be fairly minimal.

**WOULD YOU LIKE TO GIVE BACK TO YOUR CHURCH COMMUNITY?** Two light bulb replacement volunteers are needed for our historic building. You would alternate every other month so the time commitment would only be six times a year for one to two hours. This is a great behind-the-scenes, do-it-when-it-fits-your-schedule volunteer opportunity. Training and help to order bulbs is provided from Barbara Baer. Contact Monte Clarke, 303-333-9366 for details or email [capheightspres@gmail.com](mailto:capheightspres@gmail.com). Let there be light!!

**DEBRA YEAGER AND SONYA YEAGER-MEEKS HAVE 2 NEW CDS AND 1 CHRISTMAS CD FOR SALE:** If you would like to make a purchase please call at 303-816-1454, email at [DebAYeager@aol.com](mailto:DebAYeager@aol.com) or see us after church services.

**PREPARING THE BUILDING FOR THE NEXT 100 YEARS – GRANTS AND GREEN PROJECTS:** The communities at 1100 Fillmore are committed to preserving and improving our place of worship. We are looking for volunteers for two separate initiatives. Our building has a lot of outstanding maintenance that could be paid for with grants. We are aware of a few grant opportunities, but proposals to the State Historical Fund are due in April. We need grant writers to draft this proposal and research other opportunities. In a separate but related need, members have had several ideas about how to reduce the ecological footprint of the church as part of our commitment to the environment. We would like volunteers to pick an idea or two and complete a proposal to the Shared Operations Board to develop them into projects. For grant writing, contact Dave Swartzendruber at 303-921-4397. For green projects, contact Jeanne Jeffas at 720-962-5645.

**THE 25<sup>TH</sup> ANNIVERSARY WOMEN'S RETREAT AT ST. BENEDICT'S MONASTERY** in Old Snowmass will be from Thursday, **February 23** through Monday morning, **February 27**, 2012. *(Dates have been triple checked!)* We have space for 19 with preference given to those who have not had the opportunity to join us in this annual event. Housing includes the Main Retreat House, four two-person Hermitages and the Gate House, which has three single rooms. In order to maintain the atmosphere of the spiritual ministry at the Retreat House, a minimum three-night stay is encouraged. Registration information: contact Chris McGuire by e-mail at [christineplichta@hotmail.com](mailto:christineplichta@hotmail.com) or by phone at 303-940-9197. Your registration is confirmed upon receipt of a \$50.00 non-refundable check made to the order of St. Benedict Monastery. Chris' address is 6966 Robb St., Arvada, CO 80004.

**YOUTH GROUP:** The 10:30 Community would like to invite any youth 6th-12th grade from CHPC and Dignity to join our newly formed youth group. For more information, please contact Chris Mandel at 720-291-4267.

**GENTLE YOGA – WEDNESDAYS, 8:30 – 9:30:** Gentle yoga is suitable for all ages. Bring a mat, small pillow and a water bottle. \$10 suggested donation, no one turned away for lack of funds. For more information, contact Nikole at 585-478-4673 or [yoganiko@riseup.net](mailto:yoganiko@riseup.net).

## CAPITOL HEIGHTS PRESBYTERIAN CHURCH

**THE PRESBYTERY OF DENVER:** "All You Will Ever Need to Know about Social Media ... For Now" is the theme for a special event, sponsored by Denver Presbytery's Leadership and Relations and Communications Work Group, for church leaders on April 22 at 1:00 p.m. at Wellshire Church. Speaking will be former General Assembly moderator, Bruce Reyes Chow. It features everything you need to know about Facebook, Twitter, and the "on-line generation." For more information, call the Presbytery Center at 303-777-2453.

**EASY WAY TO RAISE FUNDS FOR CHPC:** An easy way to raise funds for the church is through the King Soopers re-loadable card. You buy one \$50 card from CHPC and then you shop for groceries. To put money on the card, go to the customer service desk with your card. Write a check to King Soopers, have the clerk load it on your card and buy groceries. CHPC receives 5% on all purchases made.

**MINUTE FOR A MISSION - PRAX(US)** (CHPC member - \$100 contribution) [www.praxus.org](http://www.praxus.org)  
The name Prax(us) comes from the word "praxis," which is defined in Paulo Freire's book Pedagogy of the Oppressed as "reflection and action upon the world in order to transform it." We believe that in order to transform the world, we need both broad reflection and action. We changed "praxis" to "Prax(us)" to reflect our belief that it will take all of "us", the whole community, to end domestic human trafficking. The "us" also represents Prax(us)'s focus on domestic human trafficking within the U.S

## 10:30 CATHOLIC COMMUNITY

**FINANCIAL REPORT:** The **January 22** offering totaled \$920.

**COMMUNITY CONTRIBUTIONS:** Community Contributions. In the fourth quarter, the Community contributed \$300 to each of the following: Project Salvador, Denver Justice and Peace Committee; and Father D'Souza's Counseling Center. If you would like to recommend the recipient of a Community Contribution, please contact Cristina or Gene.

**WHAT DOES FAITH HAVE TO DO WITH OUR ORDINARY DAY-TO-DAY LIFE?** Join our small scripture & spirituality group as we use scripture and our own experiences to explore the question. We usually meet on the second Thursday of the month at 1:00 pm. For information, call Meg, 303-399-3691, or Kendrick, 303-377-2962.

## NEWS & DOINGS IN THE LARGER COMMUNITY

**CATHOLICISM IN THE MODERN-WORLD SERIES:** Next in the series is 'Vatican II: Fifty Years After,' 7:00 pm, Thursday, **February 9**, with Fr. Thomas P. Rausch, S.J. at Regis University. The lecture is free and open to the public; it will be held in the St. John Francis Regis Chapel on the Lowell campus at 52<sup>nd</sup> and Lowell Blvd. For parking and map, visit <http://www.regis.edu>. For more information, please contact Sr. Peg Maloney, RSM, [pmaloney@regis.edu](mailto:pmaloney@regis.edu) or 303-964-5715.

**CALL TO ACTION / PROGRESSIVE CATHOLIC GATHERING:** Sunday, **January 29**, 3:00 – 5:00 pm; Dignity liturgy follows at 5:00 pm. We invite you to gather with other Progressive Catholics to evaluate our past programming and to define the issues that affect our future. What issues concern you? What do you want to know more about? Please join us to network and share your thoughts and suggestions. We welcome your input as we begin our second year.

## CAPITOL HEIGHTS FAITH COMMUNITIES

1100 Fillmore Street  
Denver, Colorado 80206  
303-333-9366  
Church Administrator  
Monte Clarke

Email:  
[capheightspres@gmail.com](mailto:capheightspres@gmail.com)

Web:  
[www.capitolheightspresbyterian.org](http://www.capitolheightspresbyterian.org)  
[www.1030catholic.org](http://www.1030catholic.org)

Dignity, 720-515-GLBT  
[www.dignitydenver.org](http://www.dignitydenver.org)

### Sunday Worship Services

Presbyterian – 9:30 am  
Catholic – 11:00 am  
Dignity – 5:00 pm

### Children's Ministries

Nursery, Main Floor

CHPC Children, Youth and  
Music Ministry 11 – 12:30  
Tree Room, Second Floor

10:30 Catholic CRE  
Sundays, 11:00 – Noon,  
September - May  
CRE Room, off Social Hall

### Shared Ops Board:

**Chair:**  
Dave Swartzendruber - CHPC  
303-921-4397

**Treasurer:**  
Mike McNamara – 10:30  
303-757-2336

**Members:**  
Jeanne Jeffas - CHPC  
Katie Theisen – 10:30  
Mark LaChance - Dignity



## OPEN LETTER

*We commit ourselves to the ecumenical life and witness of this place of worship.*

**SUNDAY ♦ JANUARY 29 ♦ 2012**

### CAPITOL HEIGHTS PRESBYTERIAN

Spiritual Leader: Mark Meeks 816-1454  
Parish Associate: Larry Grimm 905-5713  
Clerk of Session: Faren Foster 333-4580  
Treasurer: Charlie Fiser 770-6362  
Music Ministry: Sue Fiser 756-2764  
Debbie Yeager 816-1454  
Treasurer: Charlie Fiser 770-6362  
Children's Ed.: Debbie Yeager 816-1454

### Capitol Heights Session:

Rev. Bill Calhoun Moderator 720-962-5645  
Tony Brown 460-1480  
Faren Foster 333-4580  
Jeanne Jeffas 333-3974  
Charles Norton 333-3974  
Peggy Norton 333-3974  
Maria Woodside 720-988-0212

### 10:30 CATHOLIC COMMUNITY COUNCIL

Neal Gamache Chair 371-8128  
Nantiya Ruan Co-chair 693-2316  
Secretary: Chris McGuire 940-9197  
Treasurer: Gene Lang 399-5692  
Finance: Cristina Dixon 388-4973  
de Palma-Vega  
Representatives: Bruce Englert 355-8227  
Sue Ladley O'Brien 282-8617  
Social Action: Connie Curtis 296-6315  
Com. Concerns: Rosann McCullough 733-9693  
Music & Liturgy: Mary Casper 838-6955  
Meg Johnson 399-5692  
CRE Coord: Chris Mandel 720-291-4267  
Music Coord: Sylvia Sullivan 321-4130